

# THE BABYSITTER CHECKLIST AND INSTRUCTION SHEET

The phone number you are calling from:

\_\_\_\_\_

Your address is :

\_\_\_\_\_

The closest intersection or cross street:

\_\_\_\_\_

### **In an emergency, call 911**

Identify yourself by name, tell the operator that you are babysitting. Calmly describe the problem. The operator will ask you further questions to help determine the problem. Calmly answer these questions. The operator has notified a dispatcher of the situation and help is already on the way, this happens in the background without your knowledge. The operator may give you instructions to help you with the situation, stay on the phone until instructed to do otherwise. The people at 911 are trained professionals and will do everything possible to help you.

The Family Name _____
Contact Number _____
Pager Number _____
Parent's Location: _____
Parent's will be home by ___ o'clock
Nearest family relative _____
_____
Nearest family phone _____
Nearest family address _____

Alternate contact _____
Alternate contact phone _____
Alternate contact address _____
_____
Neighbor's _____
Neighbor's phone _____
Neighbor's address _____
_____
Other _____

Family Doctor's name _____
Family Doctor Phone _____
Family Doctor address _____
_____
<i>Consider leaving a signed medical release.</i>
Poison control center _____
Veterinarian's phone _____
Other _____

Child's name _____
Age _____
Bedtime _____
Medications:
Time _____
Drug _____
Dosage _____
Pre-existing medical conditions:
_____
_____
Blood type _____
Medication allergies:
_____
_____
Food allergies:
_____
_____
Other instructions:
_____
_____
_____

Child's name _____
Age _____
Bedtime _____
Medications:
Time _____
Drug _____
Dosage _____
Pre-existing medical conditions:
_____
_____
Blood type _____
Medication allergies:
_____
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Food allergies:
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