

The Chatterbox

January 2018

Springfield Township
Boyd Esler Senior/Community Center
2491 Canfield Rd. Akron OH 44312
Phone: 330-733-2556
Website: www.springfieldtownship.us
Staff: Kitty Williams,
Doug Foltz Director Of Parks & Recreation (330)734-4121

Closing

We are closed January 1, in observance of New Years Day . We will be closed January 15th In observance of Martin Luther King Day . **Please remember when Springfield Local Schools are closed for weather related issues the center is also closed for all programs, activities, and the meal program.**

Tips For Shoveling Snow Safely

- » Dress warmly, but don't bundle up so as to make it difficult and awkward for you to move naturally.
- » Use a lightweight pusher-type shovel. Spray it with Teflon so snow will not cling to it.
- » Keep one hand close to the base of the shovel to balance weight and lessen the strain on your back.
- » Try not to lift the snow or pitch it a distance. Merely push it or walk it to a pile.
- » Avoid sudden twists of the torso. Work slowly.

Birthdays

Robert Black, Bill Croghan, Linda Crozier, Ora Dailey, Janet Davis, Michael Esterak, Joan Gonder, Ada Lange, Richard Luter, Joann McMenamée, Beverly Shackelford, Bertha Thomas, Marilyn Wade, Mary Wendt, Colleen Whitacre.

Summit County Library

January 2, 16, 30 @3 p.m.

Coin Collectors Club

January 11 @ 6 p.m.

Women's Club

January 10 @ 6pm

Daily Activities

Monday, Pinochle, 11:30am-2:30pm

Tuesday, Bingo, 10:45am-2pm

Wednesday, Bridge, 10 am-2:30p

Thursday, Line Dance, Beginners

10:30-11:15 pm, Advanced 11:15 - 1:30pm

Friday, Euchre, 11:30-2:30pm

Meal Program

Home Cooked Meals Are Served Monday Through Friday At 4pm. There is coffee or tea available. The Program Is Partially Funded Through A Grant From Area Agency On Aging And Partially Funded By Voluntary Donations From Participants. The Cost Is \$7.00 For Anyone Under 60 Yrs Of Age. A Voluntary Donation Of \$5.00 Is Asked For Anyone 60 And Over. Reservations MUST Be Made No Later Than 11 am The Day Of The Meal. Please Call (330) 733- 2556 To Make Your Reservation. All Are Welcome. Menu On Back.

Please call by 11a.m. daily to make reservations for dinner **(330)733-2556**

January

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. Closed New Years Day</p>	<p>2. 3oz. Salmon Patty w/ Pea Sauce 1/2c. Macaroni & Cheese 1/2c. Stewed Tomatoes 2x2. Brownie 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>3. 3oz. Cabbage Roll 1/2c. Mashed Potatoes 1/2c. Vegetables 1/2c. Fruit 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>4. 3oz. Baked Chicken 1/2c. A gratin Potatoes 1/2c. Vegetables 2ea. Cookies 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>5. 6oz. Ham Potato Casse- role 1/2c. Tossed Salad 1/2c. Vegetables 1/2c. Jell-o 1ea. Bread/ Marg. 1c. 2% Milk</p>
<p>8. 3oz. Baked Swiss Chicken 1/2c. Parsley Potatoes 1/2c. Vegetables 2x2 Chocolate Chip Bar 1ea. Bread / Marg. 1c. 2% Milk</p>	<p>9. 6oz. Spaghetti w/ Meat Sauce 1/2c. Tossed Salad 1/2c. Vegetables 1/2c. Jell-o 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>10. 3oz. Fried Tilapia 1/2c. Coleslaw 1/2c. Parsley Potatoes 1/2c. Apple Crisp 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>11. 6oz. Beef Tips w/ Noo- dles 1/2c. Vegetables 2ea. Cookies 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>12. 6oz. Vegetable Soup 3oz. Cheeseburger w/ Lettuce, Tomato, Onion 1/2c. Vegetables 1ea. Bun 1c. 2% Milk</p>
<p>15. Closed Martin Luther King</p>	<p>16. 3oz. Stuffed Pepper 1/2c. Mashed Potatoes 1/2c. Vegetables 1/2c. Fruit 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>17.. 3oz. Sliced Pork Roast 1/2c. Sauerkraut 1/2c. Mashed Potatoes 2x2 Peanut Butter Bar 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>18. 3oz. BBQ Chicken 1/2c. A gratin Potatoes 1/2c. Vegetables 2ea. Cookies 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>19. 2x2 Beef Lasagna 1/2c. Tossed Salad 1/2c. Vegetables 1/2c. Fruit 1ea. Bread/ Marg. 1c. 2% Milk</p>
<p>22. 3oz. Chicken Parmesan 2oz. Spaghetti 2oz. Sauce 1/2c. Tossed Salad 1/2c. Vegetables 1/2c. Fruit 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>23. 3oz. Salisbury Steak 1/2c. Mashed Potatoes 1/2c. Vegetables 2x2 Brownie 1ea. Bread/ Marg. 1c. 2% milk</p>	<p>24. 3oz. Baked Cod Fish 1/2c. Scalloped Pota- toes 1/2c. Vegetables 1/2c. Fruit 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>25. 3oz. Sliced Ham 1/2c. Parsley Potatoes 1/2c. Vegetables 2x2 Birthday Cake 1/2c. Ice Cream 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>26. 6oz. Minestrone Soup 3oz. Sloppy Joe 1/2c. Pudding 1ea. Bun 1c. 2% milk</p>
<p>29. 3oz. BBQ Pork Chop 1/2c. Scalloped Pota- toes 1/2c. Vegetables 2x2 Jell-o w/ Fruit 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>30.. 3oz. Meatloaf 1/2c. Mashed Potatoes 1/2c. Vegetables 1ea. Cupcake 1ea. Bread/ Marg. 1c. 2% Milk</p>	<p>31. 3oz. Fried Pollack 1ea. Baked Potato w/ Sour Cream 1/2c. Pickled Beets 2x2 Brownie 1ea. Bread/ Marg. 1c. 2% Milk</p>		